

**“For all have sinned, and come short of the glory of God;”** Romans 3:23 This happens because Adam was the first sinner and passed on this nature to all humans.

Once we have recognized our sinfulness we can begin the process of fixing the problem.

**“For the wages of sin is death; but the gift of God is eternal life through Jesus Christ our Lord.”** Romans 6:23 When we attempt to work to be right before God we end up proving our unworthiness because of our sin nature does not produce anything other than sin. The wages for our work is death. A gift is not earned. God gives us eternal life as a gift, something that is not earned. Eternal life is through Jesus Christ because He alone is righteous.

**“That if thou shalt confess with thy mouth the Lord Jesus, and shalt believe in thine heart that God hath raised him from the dead, thou shalt be saved.”** Romans 10:9

Trust Christ today and be saved. Recognize the forgiveness of guilt and start the healing process in your spirit.

With Christ there is Hope. Hope is not wishful thinking about how life might work out. It

is a confidence in a future event. When someone in whom you have utter and complete confidence tells you something, it is that assurance knowing the event will take place, they have given you hope. Christ has assured His people, those who believe in Him that what he says will happen, will indeed take place, regardless of how things look at a particular moment. Psalm 16:9 “Therefore my heart is glad, and my glory rejoiceth; my flesh also shall rest in hope.” Psalm 31:24 “Be of good courage, and he shall strengthen your heart (mind, will, emotions), all ye that hope in the LORD.”

Psalm 39:7 “And now, Lord what wait I for? My hope is in thee.” Colossians 1:27b “Christ in you the hope of glory.” Hebrews 11:1 “Now faith is the substance of things hoped for, the evidence of things not seen.”

## Questions?

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# Resolving Guilt



## What is Guilt?

Guilt has two definitions:

1. Result of dread through knowing there is blame to place on someone due to a broken rule or law. This can be through a court or conscience. Knowing that an offense has been committed.
2. The psychiatrist sees guilt as something neurotic, that is a feeling that fear or shame that brings about a disorder. OR existential, that is a feeling that causes one to want to make things right.

In psychiatry guilt produces painful emotions that can make one either look to shift blame or to it can cause one to suppress emotions.

Biblically, guilt is used judicially (a breaking of a law) as in when the Bible proclaims in Romans 3:23 **“For all have sinned, and come short of the glory of God;”** God intends to use the tool of guilt to get man to realize that he has a need for forgiveness. Man reacts in one of two ways. He will realize his sinfulness and seek repentance and obtain forgiveness from God, or he will give excuse for his actions looking to blame others or disregard or belittle the principle that was violated.

When it is understood that a law has been violated and the person takes the entire blame upon himself he then can be forgiven of the infraction.

God uses a guilt/blame balance. When we accept the blame for our actions, God, by our repentance and confession, will eliminate the guilt. I John 1:9 **“If we confess our sins, he is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness.”** Verse 10 says that **“if we say that we have not sinned, we make him a liar, and his word is not in us.”** This verse says that we shift the blame and attempt to make God guilty instead of us.

When it is understood that a wrong has been committed, how do we move on?

1. As stated already, to recognize that a wrong has been committed one must face the wrong and admit to it and confess it.
2. Confess to who? It is important to understand who we wronged so that pardon may be received from that person. God is the lawmaker of the universe and He is also the judge. When His law is violated we must recognize that it was His law and that God is the one we must go to seek pardon.

3. If confession is NOT made, we have chosen to live with our sin.
4. This can cause three things
  - a. separation between us and God
  - b. separation between us and others
  - c. separation between us and what God would want for you

Sin separates us from God and the relationship that He wants with us. When we are not right with God, we avoid Him. When we are not right with another person we avoid them. When we are not right with self then we will find ourselves in a bad mood because we cannot get away from us.

Ephesians 4:22-24 **“That ye put off concerning the former conversation [or lifestyle] the old man, which is corrupt according to the deceitful lusts [or old sin nature]; And be renewed in the spirit of your mind; And that ye put on the new man, which after God is created in righteousness and in true holiness.”**

Through confession and desire to repent receiving Christ as Saviour allow Him to put in you the new man. The new man is not controlled by sin as the old nature is.